

JOIN THE VOICES FOR RECOVERY

# RECOVERY BENEFITS EVERYONE

## Join Mayor Tim Burchett in celebrating the 22nd annual National Recovery Month

**Who:** Knox County Mayor Tim Burchett, the City of Knoxville and the Metropolitan Drug Commission

**What:** A joint resolution and press conference proclaiming the month of September as **National Recovery Month**

**When:** Tuesday, September 6 at 1:30 PM

**Where:** Child & Family Tennessee Great Starts, 3006 Lake Brook Boulevard, Knoxville

**Background:** In 2009, 4.3 million people aged 12 or older (1.7 percent of Americans) received treatment for substance use disorders, according to the National Survey on Drug Use and Health.

To commemorate this important awareness month, Knox County Mayor Tim Burchett will issue a proclamation jointly with the City of Knoxville on September 6 highlighting the benefits recovery has on our community. Burchett will focus on how residents can access the professional care they need to lead healthy and fulfilling lives. For those outside the recovery community, the event will stress the importance of helping a loved one in need and educate individuals on a variety of prevention, treatment and recovery options.

"Our hope is that with increased access to prevention, treatment and recovery support services, our community will reach out to those in need to assist them in finding appropriate treatment options," Karen Pershing, executive director of the Metropolitan Drug Commission, said.

**Upcoming Events:** Helen Ross McNabb Center, in partnership with East Tennessee Association of Alcohol & Drug Abuse Counselors, will host the 8th annual Recovery Awareness Fair on September 24 at West Town Mall from 10 AM-2 PM. Contact Melinda Kirk at 865-329-9023 for more information.

**About:** The observance of **National Recovery Month** raises awareness of substance use and mental disorders, celebrates individuals in long-term recovery and acknowledges the work of treatment and recovery service providers. **Recovery Month** spreads the message that behavioral health is an essential part of health and one's overall wellness, and that prevention works, treatment is effective and people can and do recover from substance use and mental disorders. **National Recovery Month** is sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA). Additional information can be found at [recoverymonth.gov](http://recoverymonth.gov).

**Questions:** Contact Heather Sutton at [hsutton@metrodrug.org](mailto:hsutton@metrodrug.org).

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