



# Dual Diagnosis

### A Man's Voice- Child & Family Tennessee

3006 Lake Brook Blvd.  
Knoxville, TN 37909  
**Phone:** 865-244-1100

**Contact:** Teresa Cooper

**Agency Type:** Intensive Outpatient  
**Clients Served:** Males 18+  
**Service Areas:** Tennessee  
**Forms of Payment:** Private insurance, ATR (Access To Recovery)  
**Is Agency on TennCare?** No

#### Services Provided:

- Co-occurring disorders
- Matrix model
- Relapse prevention
- Recovery support services
- 3 hours/day
- Spirituality group
- Parenting
- Anger management
- A&D education
- Include families



## **A Voice of a Woman- Child & Family Tennessee**

3006 Lake Brook Blvd.  
Knoxville, TN 37909  
**Phone:** 865-244-1100

**Contact:** Teresa Cooper

**Agency Type:** Intensive Outpatient  
**Clients Served:** Women 18+  
**Service Areas:** Tennessee  
**Forms of Payment:** Private insurance, ATR (Access To Recovery)  
**Is Agency on TennCare?** No

### **Services Provided:**

- Trauma
- Relapse prevention
- Recovery support services
- 3 days/week
- Spirituality group
- Parenting
- Building social support
- Co-occurring disorders/dual diagnosis



## **Behavioral Health Group**

626 Bernard Ave., Knoxville, TN 37921  
or 412 Citico St., Knoxville, TN 37921  
**Phone:** 865-522-0161 Fax: 865-521-7920 (Bernard St.)  
**Phone:** 865-522-0661 Fax: 865-522-3670 (Citico St.)  
**Contact:** Lisa Baldwin- Clinical Director; Jay Osborne- Clinical Director

**Agency Type:** Outpatient Alcohol and Drug Treatment  
**Clients Served:** Adults  
**Service Areas:** Tennessee  
**Forms of Payment:** Self-pay, Cash or Money Order  
**Is Agency on TennCare?** No  
**Services Provided:**

- Alcohol & drug abuse treatment
- Individual and group counseling
- Dual diagnosis
- Relapse prevention

- Crisis intervention
- Screening for drug & alcohol abuse
- Early intervention
- Drug abuse prevention
- Drug testing
- Alcohol and other drug prevention
- Detox
- Methadone/LAAM maintenance
- Methadone/LAAM detox
- Pregnant and postpartum OBGYN
- Hearing- & vision-impaired services available
- Physician on staff
- Fully-accredited by joint commission
- GED program
- HIV testing/counseling



**Brookhaven Retreat**

1016 1C King Road

Seymour, TN

**Phone:** (865) 573-3656

**Fax:** (865) 573-3655

**Contact:** Jacqueline A. Dawes; jacqueline@brookhavenretreat.com

<b>Agency Type:</b>	Residential substance abuse & mental health
<b>Clients Served:</b>	Women 18-75
<b>Service Areas:</b>	National
<b>Forms of Payment:</b>	Private pay
<b>Is Agency on TennCare plan?</b>	No

**Services Provided:**

- Inpatient mental health
- Inpatient detox
- Crisis stabilization
- Residential substance abuse
- Residential mental health
- Dual diagnosis
- Intervention
- Relapse prevention



**Buffalo Valley, Inc.**

501 Park Avenue South

PO Box 879

Hohenwald, TN 38462

**Phone:** (931) 796-4256

**Fax:** (931) 796-5124

**Contact:** Jerry Risner; jrisner@buffalovalley.org

<b>Agency Type:</b>	Non-profit
<b>Clients Served:</b>	M/F: 18 and older
<b>Service Areas:</b>	Tennessee
<b>Forms of Payment:</b>	Self-pay, private insurance
<b>Is Agency on TennCare plan?</b>	Yes

**Services Provided:**

- Inpatient
- Outpatient
- Detox
- Residential
- Transitional/halfway housing
- Dual diagnosis
- Intervention
- Assessment
- Relapse prevention
- Transportation
- Job training
- Permanent housing
- Rental housing
- Spanish speaking services



**CADAS (Council for Alcohol and Drug Abuse Services, Inc.)**

Adult Treatment Address: 207 Spears Ave., Chattanooga, TN 0

Adolescent Treatment Address: 911 Pineville Rd., P.O. Box 4797, Chattanooga, TN 37405-3840

**Phone:** (423)-756-7644, Toll-Free: 1-877-282-1223

**Fax:** (423)-756-7646

**Contact:** Jim Shaw      **Email:** info@cadass.org

<b>Clients Served:</b>	M/F Adults & Adolescents
<b>Service Areas:</b>	All facilities and services provided in Chattanooga
<b>Forms of Payment:</b>	Self-pay; Private Insurance; Grant; Sliding Scale; ADAT (Alcohol Drug Assessment Treatment- Court Ordered); State-funded insurance; Court

Ordered DUI Training)

**Is Agency on TennCare plan?** Yes

**Services Provided:**

- Outpatient addiction treatment
- Inpatient
- Residential
- Detox
- Transition/halfway housing
- Recovery support
- Dual diagnosis
- Assessment
- Relapse prevention
- TN Prevention network provider
- Drug testing
- Family education
- Hearing-impaired services

**Description:** Adolescent Treatment (Age13-18): 911 Pineville Road, Chattanooga, TN 37405-3840, Residential Rehabilitation (40 Beds) 45 day program, Day Treatment Program, After Care (1 Year) & Family Program. Adult Treatment (Age 18 - 65+): 207 Spears Avenue, Chattanooga, TN 37405-3840, Respite Services, Medically Monitored Crisis Detox Program, Residential Detox Program (12 Beds), Adult Residential Treatment (36 Beds) 28 day program. Adult Intensive Outpatient Program (16 sessions M, W, F, AM & PM), Adult Oasis Transitional Living Program (24-month Halfway House 38 Beds), After Care (1 Year) & Family Program. Family Way Program: (12 Apartments) Transitional Living Program for Single & Expectant mothers in recovery that have children up to age 11. Clients continue to learn life skills such as time and money management, relapse prevention and recovery skills, parenting classes and education. (24-Month Program) Court Ordered DUI Training Program (Two 12-hour accelerated classes are offered each month on Saturday if minimum enrollment is met.)



**Camelot Care Centers, Inc.**

103 Donner Drive

Oak Ridge, TN 37830

**Phone:** 865-481-3972

**Fax:** 865-481-0319

**Contact:** Cindy Harmon

**Agency Type:** Child and Adolescent  
**Clients Served:** M/F ages birth-19 and parents of clients  
**Service Areas:** Knox and surrounding counties

**Is Agency on TennCare?** Yes (some); state

**Forms of Payment:** Insurance; state agencies; some private insurance

**Services Provided:**

- Intensive in-home services
- Therapeutic foster care
- Mental health treatment
- Crisis intervention
- Early intervention
- Assessments
- Outpatient drug & alcohol services available
- 7 Challenges program for children already in services
- Tutoring program: A-Z tutoring

**Outreach activities:** Information resources/literature, speakers advocacy, Parenting, community programming/training.

**Organization Overview:** The Monitor Prime Treatment Program includes weekly individual and family therapeutic interventions within the home, psychotherapy and focused group therapy for the child and parent groups every other week. Services include crisis intervention and outpatient therapeutic support as needed by the family on a 24-hour, 7 day a week basis. Outpatient services include group, family and individual therapy as well as comprehensive assessment services. Outpatient alcohol and drug services are available.



### **CenterPointe Adult Services**

**Helen Ross McNabb**

5310 Ball Camp Pike

Knoxville, TN 37922

**Phone:** 865-523-4704

**Fax:** 865-602-2387

**Contact:** Charlie Jones

**Agency Type:** Non-profit: Alcohol and Drug Treatment

**Clients Served:** M/F 18 and older

**Service Areas:** 16 surrounding counties

**Is Agency on TennCare?** Yes

**Forms of Payment:** Self-pay; private insurance

**Services Provided:**

- Outpatient
- Residential
- Assessment
- Detox
- Dual diagnosis
- Relapse prevention
- Spanish speaking services



### **Cherokee Health Systems**

2018 Western Avenue

Knoxville, TN 37921

**Phone:** 865-670-9231; 865-544-0406 (existing patients); 866-231-4477 new patients

**Fax:** 865-531-3460

**Agency Type:** Community Mental Health

**Clients Served:** M/F adults & adolescents

**Forms of Payment:** Commercial insurance, private pay/sliding fee scale

**Is Agency on TennCare?** Yes (No Americhoice)

**Services Provided:**

- Outpatient individual and group therapy (general alcohol and drug as well as gender specific)
- Dual diagnosis
- Intervention
- Relapse prevention
- Assessment

**Organization Overview:** Cherokee's alcohol and drug program is designed to provide Level 1 outpatient to individuals with co-occurring disorders. Each client has psychiatric

services and medication management available as deemed necessary. Spanish speaking and hearing-impaired services provided.

**Locations:**

- Bean Station- 865-993-4300
- Blaine- 865-933-4110
- Clairfield- 423-784-7794
- Knox County Health Dept.- 865-215-5440
- Maryville- 865-380-4390
- Maynardville- 865-992-3849
- Morristown- 423-586-5032
- Newport- 423-623-5301
- New Tazewell- 423-626-8271
- North Knox- 865-947-6220
- Seymour- 865-573-0698
- Talbott- 423-587-7337
- Washburn- 865-497-2591
- West Knox- 865-670-9231



**Comprehensive Community Services**

6145 Temple Star Rd.  
Kingsport, TN 37660

**Phone:** (423)-349-4070

**Fax:** (423)-349-6597

**Contact:** Stewart Sigrest

**Email:** ccstreatment@aol.com

**Clients Served:**

M/F adults & adolescent males

**Service Areas:**

Statewide (in-state only)

**Forms of Payment:**

Self-pay; grant; indigent; sliding scale: Americhoice

**Is Agency on TennCare plan?** Yes

**Services Provided:**

- Outpatient addiction treatment
- Inpatient
- Residential
- Residential adolescent program 13-17 years-old
- Recovery support
- Dual diagnosis
- Assessment
- Relapse prevention
- Drug testing
- Referral to halfway house

- Family education
- Pregnancy
- Transportation
- Spiritual support



**Cornerstone of Recovery Inc**

1214 Topside Rd

Louisville, TN 37777

**Phone:** 865-970-7747

**Fax:** 865-681-2266

**Contact:** Administration: Dan Caldwell; Admissions: Dan Schweickhardt

[www.cornerstoneofrecovery.com](http://www.cornerstoneofrecovery.com)

**Agency Type:** Drug and Alcohol Treatment

**Clients Served:** M/F adults 18+

**Service Areas:** National

**Forms of Payment:** Private pay, commercial insurance

**TennCare:** No

**Services Provided:**

- Impaired professionals program
- 3-day inpatient evaluation
- Outpatient, 8-10 weeks (IOP)
- Outpatient (1x a week)
- Aviation clients
- Residential, 30-35 days
- Halfway house
- Detoxification, 3-5 days
- Family therapy
- ATOD prevention
- Dual diagnosis
- 12-Step program
- Intervention
- Relapse prevention
- Assessment
- Young adult program (ages 18-25)
- 18-month continuing care program
- Recovery monitoring program
- Critical incident debriefing
- Drug-free workplace
- Spanish speaking services available

**Emotional Health and Recovery Center**

907 E. Lamar Alexander Parkway

Maryville, TN 37804

**Phone:** 865-981-2300

**Fax:** 865-981-2302

**Contact:** Anna Shugart, LCSW – Director

**Email:** [ashugart@bmnet.com](mailto:ashugart@bmnet.com)

**Agency Type:** Behavioral Health Treatment Facility & Alcohol/Drug Recovery

**Clients Served:** M/F 18 and older

**Service Areas:** Blount and surrounding counties

**Forms of Payment:** Most insurances, self-pay, Medicare

**Is Agency on TennCare?** No

**Services Provided:**

- Outpatient
- Inpatient
- 23 hour observation
- Medical detox
- Partial hospitalization
- Intensive outpatient programs
- Free day and evening aftercare groups
- Inpatient and outpatient for dual diagnosis
- Free assessments
- Geriatric stabilization
- Spanish speaking services can be arranged

**Organization Overview:** The Emotional Health and Recovery Center is a behavioral health treatment facility located in Maryville, TN. Blount Memorial Hospital is a not-for-profit, county-owned hospital. The Center offers a continuum of services in both inpatient and outpatient areas. The hospital has been providing psychiatric and addiction treatment services to the community for over twenty years and the Center has been offering specific dual diagnosis treatment services since 1995.

**The Florence Crittenton Agency**

Crittenton Center, Building C

1531 Dick Lonas Road

Knoxville, TN 37909

**Phone:** 865-602-2021

**Fax:** 865-602-2039

**Contact:** Pamela Jines

**Agency Type:** Non-profit  
**Clients Served:** Female (any age)/State-custody boys & girls (13-18) Level 2 & 3  
**Service Areas:** Tennessee  
**Is Agency on TennCare?** Yes and accepts Cariten, Americhoice and Value Options

**Services Provided:**

- Inpatient to young women with substance abuse problems
- Pregnancy intensive outpatient program
- New focus- preventing children under age 6 months from coming into custody for parents' substance abuse issues
- Assessments
- 12-Step groups
- Dual diagnosis
- Relapse prevention
- Pregnancy support and education
- Aftercare
- On-site school and GED program

**Brief Overview:** A combination of traditional drug and alcohol treatment techniques with counseling and education provides clients with an individual program for treatment and support. We provide special services to pregnant teens that have significant involvement in the abuse of ATOD to help break the inter-generational cycle. Emphasis is also put on aftercare follow up with the new mother as these young women are at risk of falling back into their addictive patterns.



**Gateway**

**Helen Ross McNabb**

3845 Holston College Road

Louisville, TN 37777

**Phone:** 865-524-5757

**Fax:** 865-380-5088

**Agency Type:** Non-profit; Alcohol & Drug Treatment

**Clients Served:** Adolescent males 13-18

**Service Areas:** Knox and surrounding counties

**Forms of Payment:** Private insurance; grant; DCS kids

**Is Agency on TennCare?** No

**Services Provided:**

- Group therapy
- Residential
- Dual diagnosis

- Intervention
- 12-Step groups
- Relapse prevention
- Education
- School program
- Adventure-based counseling and wellness



### **Great Starts**

Child and Family Tennessee

3006 Lake Brook Blvd.

Knoxville, TN 37909

**Phone:** 865-246-1100

**Contact:** Teresa Cooper, LPC/MHSP, Clinical Supervisor

**Email:** [tcooper@child-family.org](mailto:tcooper@child-family.org); [www.child-family.org](http://www.child-family.org)

**Agency Type:** Non-profit  
**Clients Served:** F; 18 and older (and their children)  
**Service Areas:** National  
**Forms of Payment:** Payment assistance, TennCare, private insurance  
**Is Agency on TennCare?** Yes  
**Services Provided:**

- Residential
- Co-occurring disorders
- Dual diagnosis
- Intervention
- Assessment
- 12-Step groups
- Relapse prevention
- Parenting and nutrition
- Aftercare
- Hearing-impaired services provided

### **New Beginnings Services:**

- Day treatment with structured living
- 24/7
- Open to anyone (grant-funded- OK if no insurance, accepts TennCare)
- Case management
- Nurse practitioner
- Transitional living
- Children age 6 weeks to age 5 can attend on-site nursery
- Parenting and nutrition

**Organizational Overview:**

Great starts provides a holistic array of services to drug-addicted, pregnant or postpartum women and/or HIV positive women and their children. These women and their children may live in a safe, drug free-environment in apartments for up to six months.

**Helping Heart Counseling & Associates**

7119 Afton Drive, Suite 202

Knoxville, TN 37918

**Contact:** Gene Marie Rutkauskas, MS, LADAC, NCACII

**Phone:** 865-382-7035    **Email:** genemarier@helping-heart.com

**Fax:** 865-377-3301    **Web:** helping-heart.com

**Agency Type:** Private

**Clients Served:** M/F under 18, 18-64, 65+

**Service Areas:** East Tennessee

**Forms of Payment:** Self-pay; sliding scale; ADAT (Alcohol Drug Assessment Treatment- Court Ordered)

**Is Agency on TennCare?** No

**Services Provided:**

- Outpatient
- Specialized services
- Recovery support
- A&D couples & family counseling
- A&D education re: DUI, DWI, DOT
- Intervention
- Dual diagnosis
- Assessment
- Relapse prevention
- Family education
- Public speaking
- A&D trainings
- Clinical supervision

**Overview:** Services include outpatient TN state-licensed alcohol and drug counseling (individual, group, family, couples); substance abuse assessment/evaluations; A&D education classes (DUI, DWI, DOT); intervention services; substance abuse training

presentations; public speaking/education presentations; clinical supervision for substance abuse professionals. With over 20 years of experience providing these services in the Knoxville area, the practice also includes other therapists offering licensed marriage and family therapy services and additional specialized massage therapy services.



**Interfaith Health Clinic**

315 Gill Ave  
Knoxville, TN 37917  
**Phone:** 865-546-7330  
**Fax:** 865-546-6643  
**Contact:** Dr. Debbie Allen

**Agency Type:** Medical /Dental /Mental/Primary Care  
**Clients Served:** All ages, except under age 2; M/F uninsured  
**Service Areas:** East Tennessee  
**Forms of Payment:** Cash and check only  
**Services Provided:**

- Licensed social worker
- Treatment of depression, anxiety, and other mental/medical issues



**Lakeshore Mental Health Institute**

5908 Lyons View Dr.  
Knoxville, TN 37919  
**Phone:** 865-584-1561  
**Fax:** 865-450-5203  
**Contact:** Lee Thomas

**Agency Type:** Inpatient Psychiatric Facility  
**Clients Served:** M/F 18 and older  
**Service Areas:** East Tennessee  
**Forms of Payment:** Private insurance; indigent care-admission not based on ability to pay  
**Is Agency on TennCare?** Yes  
**Services Provided:**

- Psychiatric
- Spanish speaking services
- Person will be transported from a local ER to Lakeshore if suicidal



## **Mercy Health Systems Behavioral Health**

900 E. Oak Hill Ave.

Knoxville, TN 37917

**Phone:** 865-545-7220; 865-545-7222

**Fax:** 865-545-7227

**Agency Type:** Private Non-profit  
**Clients Served:** M/F; 18 and older  
**Service Areas:** East Tennessee  
**Forms of Payment:** Medicare, private insurance, private pay  
**Is Agency on TennCare?** Yes  
**Services Provided:**

- Alcohol and other drug dependency treatment based on 12-step program
- Chemical dependency assessments
- Inpatient medical detoxification
- Individual therapy
- Group therapy
- Family therapy
- Chemical dependency education
- Aftercare support groups
- Hearing-impaired services provided
- Dual diagnosis with mental health as primary concern, alcohol and drug addiction as secondary
- Intensive outpatient program
- Psychiatric
- Detox except methadone
- No detox for alcohol at outpatient level
- 3 hours a day, 3-5 days a week
- Typically one month stay
- Medicine management



## **New Hope Recovery (affiliated with Helen Ross McNabb)**

233 West Main Street

Morristown, TN 37814

**Contact:** Ray Morrison-outpatient director

**Phone:** 423-581-2411

**Fax:** 423-581-2484

[www.newhoperecovery.com](http://www.newhoperecovery.com)

**Agency Type:** Drug and alcohol treatment; mental health  
**Clients Served:** M/F, 18 and older  
**Service Areas:** East TN

**Forms of Payment:** Sliding fee scale & payment assistance, fee for service TNCare

**Is Agency on TennCare?** Yes

**Services Provided:**

- Intensive outpatient-4 nights and days/week
- Dual diagnosis
- Assessment
- 12-Step groups
- Relapse prevention
- Chemical dependence education
- Aftercare program 1 day per week for 1 year
- Family therapy for substance abuse
- CODA- co-dependency



**Peninsula Hospital**

2347 Jones Bend Rd. (Inpatient address)  
Louisville, TN 37777

6800 Baum Dr. (Outpatient address)  
Knoxville, TN 37919

**Phone:** 865-970-9800 (central phone for all facilities)

**Fax:** 865-970-1884 (hospital); 865-374-7101 Administration & Outpatient

**Contact:** Jeff Dice, VP of Behavioral Health

**Agency Type:** Inpatient & Outpatient Mental Health Facility  
**Clients Served:** M/F all ages  
**Service Areas:** Nationwide (Knox, Loudon, Sevier & Blount locations)  
**Payment Types:** Private insurance, self-pay, sliding scale based on income  
**Is Agency on TennCare?** Yes (thru BHO- Americhoice)

**Services Provided:**

- Inpatient
- Outpatient
- Crisis intervention
- Detox
- Dual diagnosis

- Assessments
- Relapse prevention
- Child in-home services
- ATOD prevention
- Interpreters for the deaf available
- Foreign language and hearing-impaired services available
- Recovery education
- Peer support services

**Organization Overview:** Peninsula Hospital is a 155-bed facility providing inpatient and outpatient mental health and alcohol/drug crisis stabilization service for adults, adolescents and children. The hospital also offers medical detox for chemically-dependent patients and is one of the few facilities in the area to accept emergency commitments. Peninsula Hospital is accredited by the Joint Commission on Accreditation of Healthcare Organizations.



**The Village**

2431 Jones Bend Road  
Louisville, TN 37777

**Phone:** 865-970-3255 **Fax:** 865-970-6334

**Contact:** Marianne Oliveira

**Agency Type:** Residential  
**Clients Served:** M/F 13-17  
**Service Areas:** Nationwide  
**Forms of Payment:** Self-pay, private insurance  
**Is Agency on TennCare:** Yes

**Services Provided:**

- Short- and long-term residential treatment
- Dual diagnosis
- Assessment
- ATOD prevention
- Family involvement
- Peninsula Village School (state-approved private school)



### **Ridgeview Psychiatric Hospital and Center**

240 W. Tyrone Road

Oak Ridge, TN 37830

**Phone:** 865-482-1076

**Fax:** 865-481-6164

**Contact:** Richard Chirip x. 1202

**Agency Type:** Mental Health Center

**Clients Served:** M/F all ages

**Service Areas:** Anderson, Campbell, Morgan, Roane, Scott Co.

**Forms of Payment:** Self-pay, sliding scale, insurance

**Is Agency on TennCare?** Yes

**Services Provided:**

- Outpatient
- Intensive focus programs
- Dual diagnosis
- 12-steps
- Relapse prevention
- Assessment
- Spanish speaking and hearing-impaired services provided



### **The Therapy Center**

**Child and Family Tennessee**

3006 Lake Brook Blvd.

Knoxville, TN 37909

**Phone:** 865-246-1100 (Knox); 865-983-9390 (Blount)

**Fax:** 865-588-4360

**Contact:** Jeannie X. 225

**Email:** [www.child-family.org](http://www.child-family.org)

**Agency Type:** Outpatient mental health program

**Clients Served:** M/F all ages

**Service Areas:** Knox & Blount counties

**Forms of Payment:** Private insurance, sliding scale

**Is Agency on TennCare?** Yes

**Services Provided:** Individual psychotherapy for:

- Men's & women's intensive outpatient
- Non-offending parent group
- Women's anger management group
- Marriage counseling
- Mental health

- Child-parent relationship
- Parent-teen conflict
- Divorce issues
- Stress, bereavement
- Family problems
- Financial/work-related problems
- Depression
- Anxiety
- Abuse issues
- Domestic violence
- A&D assessment
- A&D outpatient treatment
- Men's batterer's intervention



**VA Medical Center, Psychology Service**

Mountain Home, TN

**Phone:** 423-926-1171 x. 2777/ 800-273-8255 emergency

**Fax:** 423-979-3447

**Contact:** Ben Peeples

**Agency Type:** Veterans Medical Center

**Clients Served:** M/F veterans, 18 and older

**Service Areas:** East Tennessee

**Forms of Payment:** Covered for qualified veterans, varies for terms  
Pay for meds as outpatient

**Services Provided:**

- Outpatient
- Dual diagnosis
- Assessment
- Relapse prevention

